



New Trier Health Services - Class of 2029

Every 9th grade student must present a [Certificate of Child Health Examination](#) (school physical) before starting any academic or athletic activity at New Trier Township High School.

Guidelines for the school physical (The IHSA/Sports form will not be accepted):

- 1- Dated on or after August 20, 2024
- 2- Include all required immunizations
- 3- **Parents** thoroughly complete and sign the Health History (top section of the form)
 - ***Include:** 1) allergies, medications, and chronic medical conditions
 - 2) *Emergency action plan* for allergies, asthma, seizures, and diabetes
- 4- Must be submitted **before** any activity at NTHS:
 - * **Summer School and Sports: before May 1st, 2025**
 - * **Regular School year: before July 25th, 2025**
 - * **Fall Athletics Try-outs: before July 25th, 2025**
- 5- October 15th, 2025 is **EXCLUSION DAY** for students not in compliance

Health forms are available at: <https://www.newtrier.k12.il.us/studenthealth>

Certificate of Child Health Examination: The Illinois State Board of Education (ISBE) requires this form for all students entering 9th grade. It is a required exam to be completed by physician and parents. Please note any health conditions, disabilities and medications taken on a regular basis

School Dental Examination Form: This form must be on file by May 15th, 2026. All students in 9th grade are required to have a dental exam on file. School dental examinations must have been completed within 18 months prior to the May 15 deadline. A dental form dated after November 15th, 2024 fulfills ISBE requirements.

New Trier Medication Authorization Form: Any medications administered or carried at school require both **medical provider and parent** signatures, including over-the-counter medications. Students may carry Epinephrine, Benadryl, insulin, and inhalers with a signed medication authorization form on file. Generic Tylenol, Advil, and Benadryl are stocked in Health Services and can be administered with this written consent.

Please visit <https://www.newtrier.k12.il.us/studenthealth> for up-to-date information about submitting health forms

Submitting Health Forms - Freshman

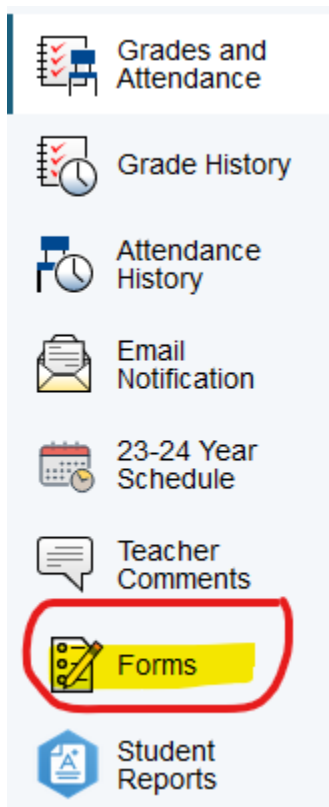
- **PowerSchool Parents Portal** => Upload Physical Form
- **Email:** NorthfieldHealth@nthsh.net
- **Fax:** 847-784-3113
- **Postal Mail**
 - Northfield Health Services
 - 7 Happ Rd., Office D105, Northfield, IL 60093

How to Upload Student Physicals - from PowerSchool Parent Portal

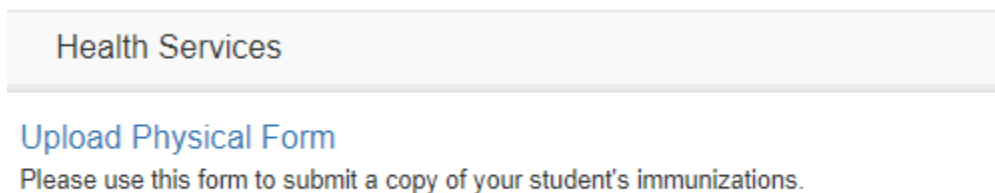
1. Log into [PowerSchool Parent Portal](#).

****Please reach out to Powerschoolsupport@nths.net if you have technical issues logging into your account.

2. Click on “Forms” on the left side navigation menu.



3. Locate and find the form “Upload Physical Form”



4. Click on the “Form”.
5. Verify the “student Information”, click on the “Upload” to upload the document and click on “Submit”

Please note that there are 3 "Upload" buttons. If you have 3 documents to upload then use the 3 boxes. If there is only one physical, upload in the first box and click Submit.

Upload Physical Form

There are no previous responses to this form

Upload Physical Form
Please use this form to submit a copy of your student's immunizations.


Student Name: [REDACTED]
Student ID [REDACTED]

Immunizations

In order to attend school, a record of current immunizations or a physician's statement of immunity must be on file. If an immunization is medically contraindicated, a physician must provide a statement specifying the reason. A religious exemption requires the filing of the Illinois Certificate of Religious Exemption form signed by parent and health provider. Please refer to [Guidelines for Completion of the Certificate of Child Health Exam](#).

For more information, please visit the [Health Services](#) page.

Physical Form *



Thank you for uploading the physical form.